



Wednesday, May 31st

12:00-3:30PM

Elm Avenue Park Large Pavilion

FREE!

Pre-Registration Required!

Call 518-439-4955 option 7

12:00-1:00PM BBQ Lunch & Vendor Tables
Turkey Burgers, Veggie Burgers, Hotdogs and
Fruit!

Lunch is Sponsored by MVP Healthcare and
watermelon provided by The Friends of
Bethlehem Parks and Recreation.

1:00-3:30PM Demo Exercise Classes
T'ai Chi, Chair Yoga and more!

