

THE PARK



TOWN OF BETHLEHEM
PARKS & RECREATION

PLAYBOOK

Summer 2023

TABLE OF CONTENTS





TOWN OF BETHLEHEM
PARKS & RECREATION

518-439-4955 Option 7
townofbethlehem.org

PROGRAM REGISTRATION

Program registration is open on a first-come, first-served basis for residents. Non-resident registration opens May 3.

Additional registration information and cancellation policy can be found [here](#).

SENIOR SERVICES

Seniors! Check out the [Senior Services](#) Department's latest newsletter and register through Bethlehem Senior Services by calling 518-439-4955 ext. 1176. Check the Senior Services [webpage](#) for registration procedures. Go on an exciting adventure! There is something for everyone including:

- Plays, movies and musical events
- Baseball and ballet
- Picnics and tours
- Crawls (cafés, ice cream and donut shops to name a few)
- Educational series and more!



MESSAGE FROM THE SUPERVISOR

Every year, our Parks & Recreation Department offers a wide range of great summer programs and services. All three of my girls learned to swim thanks to lessons at the pool complex, as have many hundreds of other children over the years. These programs are part of why summers are so great in Bethlehem.

We can offer these programs thanks to the 125 seasonal staff who work with us each year. These local students and adults help children build the courage to go underwater, lead summer camps, teach tennis, keep swimmers safe, make our parks beautiful, and more.

As you enjoy our parks and programs this summer, say thank you to the seasonal staff who make them possible!

David VanLuven
Town Supervisor



ALL ABILITIES WELCOME!

The Town of Bethlehem Parks and Recreation Department welcomes people of all abilities to our parks and programs. Please contact us anytime regarding park or program access.

PARKS & RECREATION ADA TRANSITION PLAN!

The Parks & Recreation Department is in the final stages of developing an Americans with Disabilities Act (ADA) Transition Plan, to improve the quality of life for all.

The ADA Transition Plan will guide the Department on how to effectively serve the community with current and future parks, recreation facilities, and programs.

Join us on April 26th, 6pm at Town Hall during a regular scheduled Town Board meeting for a final report.



FOLLOW US!

[Bethlehemnyarksandrec](#)

[Town of Bethlehem NY Parks & Recreation](#)

[ElmAvePool](#)

ELM AVENUE POOL COMPLEX HOURS

June 9-August 27, 12-8pm, 7 days a week.
Hours change August 5, 12-7pm

ACCEPTABLE FORMS OF PAYMENT

We no longer accept cash at the pool. Only debit cards and Visa/Mastercard/Amex/Discover. However, you can use cash, check, or a credit card at the Park Office to create a "household credit" which can later be debited and used for pool entry. Applying a credit to your household can only be done through the Park Office, Monday-Friday 8:30am-4:30pm.

SEASON PASS RATES

Family rates apply to residents at the same address.

Family 4+	\$245.00
Family 3	\$215.00
Family 2	\$165.00
Individual Adult (age 14-61)	\$100.00
Individual Child (age 5-13)	\$ 85.00
Child Care Provider (non-resident) <i>(Must be employed by a Bethlehem family at least 6 weeks and 30 hours per week during the summer)</i>	\$115.00

A season pass is the way to go if you plan to visit more than 18 times between June 9-August 27 (80 days)

Adult season pass = 19 pay-as-you-go visits

Child season pass = 18 pay-as-you-go visits

Season passes save money!

PAY-AS-YOU-GO RATES

Adults (age 14-61)	\$5.25
After 5:00pm	\$4.50
Child (age 5-13)	\$4.75
After 5:00pm	\$4.00
Adult Guest	\$8.25
After 5:00pm	\$6.75
Child Guest (age 2+)	\$6.75
After 5:00pm	\$5.75
Senior Guest	\$5.50
After 5:00pm	\$4.25
Under 5 & 62+(Residents only)	FREE

- Refunds **cannot** be granted.
- \$5.00-Replacement fob fee.
- Rates apply to EVERYONE entering the pool complex regardless of whether or not you swim.

POOL FOBS

We no longer print pool pass cards with pictures. Our new pool passes, referred to as fobs, are smaller, adhere to a key ring, and allow the pass holder to use their smart phone as a method of pool entry. Simply take a picture of the fob bar code and we scan as you enter. If you have an older pass with a picture you must update to the new fob.



HOW TO OBTAIN OR RENEW A POOL FOB

- Proof of residency is required each year **regardless if you are renewing or obtaining a pool fob for the first time.**
- This can be done by presenting a photo ID and proof of residency using a recent utility bill with current address.
- If you own property in the Town of Bethlehem we can verify residency on the tax rolls, **but photo ID is still required.**

WHERE TO OBTAIN OR RENEW A POOL FOB

Elm Avenue Park Office

Starting May 1, Monday-Friday, 9am-4pm. The Park Office is located at 261 Elm Avenue Delmar, NY 12054.

Pre-Season at the Pool Complex

Weekdays, 4pm-7pm: 5/16, 5/18, 5/23, 5/25, 5/30, 6/1 and 6/6

Weekends, 9am-noon: 5/20 and 6/3

These are ideal times and dates to avoid long lines and wait times.

Pool Complex in Season

Once we open for the season (June 9) you can obtain and/or renew right at the pool during normal hours of operation.

Please note that typical wait times for verifying residency is about 5-10 minutes, and can be even longer on hot and crowded days. When possible, plan ahead and obtain your pool fob before coming to the pool for the first time.

Online

If you obtained a pool fob in 2021 or 2022, you can renew it online. You CANNOT renew old pool passes online (with a photo on it) and you can only renew the fob online if you are obtaining the same type of fob as the previous year.



RESERVATIONS & APPLICATIONS

POOL PARTY RESERVATIONS ARE BACK!

Town of Bethlehem residents with a **valid fob pass** may reserve the shelter and adjacent grass area near Splash Islands for parties! Party time slots can be scheduled anytime, Monday-Sunday between 12 noon and a half-hour before close. The \$135 fee includes:

- Admission for up to 20 party attendees (wristbands provided). Additional guests are \$4.75 each.
- Shout out on the pool PA system
- White board greeting
- Wagon available to transport your party supplies from your car to the pool area.

Submit reservation form with payment to the Parks & Recreation Office. Pool Party Permit can be found [here](#).



AQUATICS

IMPORTANT!

All children must be the age specified by the first scheduled lesson.

All lessons are held rain or shine. During inclement weather, the class will meet, but may not swim.

Register for any number of sessions. Do not register for 2 time slots in the same session.

Learn to Swim level descriptions can be found [here](#).

AQUATICS

Your child will learn new aquatics skills and refine/reinforce skills that they may already possess, all while maintaining a fun and enjoyable experience in our one-on-one and small group lessons. Skills are taught based on levels established by the American Red Cross. **Please make sure to read through the [swim level description](#) before registering your child and register them for the appropriate level class.**

LEARN TO SWIM-LEVELS 1-2 ONE-ON-ONE LESSON

Ages 3-14

Monday-Friday (No class July 4)

Elm Avenue Park Pool

Sessions 1, 3, 4, 5, 6 Resident: \$81
Non-Resident: \$91
Session 2* Resident: \$65
Non-Resident: \$75

SESSION 1: June 26-30

#323026-1A 9:00-9:30am

#323026-1B 9:35-10:05am

#323026-1C 10:10-10:40am

*SESSION 2: July 3-7 (no class 7/4)

#323026-2A 9:00-9:30am

#323026-2B 9:35-10:05am

#323026-2C 10:10-10:40am

SESSION 3: July 10-14

#323026-3A 9:00-9:30am

#323026-3B 9:35-10:05am

#323026-3C 10:10-10:40am

SESSION 4: July 17-21

#323026-4A 9:00-9:30am

#323026-4B 9:35-10:05am

#323026-4C 10:10-10:40am

SESSION 5: July 24-28

#323026-5A 9:00-9:30am

#323026-5B 9:35-10:05am

#323026-5C 10:10-10:40am

SESSION 6: July 31-August 4

#323026-6A 9:00-9:30am

#323026-6B 9:35-10:05am

#323026-6C 10:10-10:40am

LEARN TO SWIM-LEVELS 3-6 SMALL GROUP LESSON

Ages 5-14

Monday-Friday (No class July 4)

Elm Avenue Park Pool

Sessions 1, 3, 4, 5, 6 Resident: \$66
Non-Resident: \$76
Session 2* Resident: \$53
Non-Resident: \$63

SESSION 1: June 26-30

#323029-1A 9:35-10:05am

#323029-1B 10:10-10:40am

*SESSION 2: July 3-7 (no class 7/4)

#323029-2A 9:35-10:05am

#323029-2B 10:10-10:40am

SESSION 3: July 10-14

#323029-3A 9:35-10:05am

#323029-3B 10:10-10:40am

SESSION 4: July 17-21

#323029-4A 9:35-10:05am

#323029-4B 10:10-10:40am

SESSION 5: July 24-28

#323029-5A 9:35-10:05am

#323029-5B 10:10-10:40am

SESSION 6: July 31-August 4

#323029-6A 9:35-10:05am

#323029-6B 10:10-10:40am

EVENING LEARN TO SWIM-LEVELS 1-6 ONE-ON-ONE LESSON

Ages 3-14

Monday-Wednesday

(Thursday will be used as a make-up day, if needed.)

Elm Avenue Park Pool

Resident: \$49 Non-Resident: \$54
Please note: Children enrolled in Evening Learn to Swim Lessons will NOT receive an American Red Cross swim card as this is only a 3-day program.

SESSION 1: July 10-12

#323024-1A 5:00-5:30pm

#323024-1B 5:35-6:05pm

#323024-1C 6:10-6:40pm

SESSION 2: July 17-19

#323024-1D 5:00-5:30pm

#323024-1E 5:35-6:05pm

#323024-1F 6:10-6:40pm

SESSION 3: July 24-26

#323024-2A 5:00-5:30pm

#323024-2B 5:35-6:05pm

#323024-2C 6:10-6:40pm

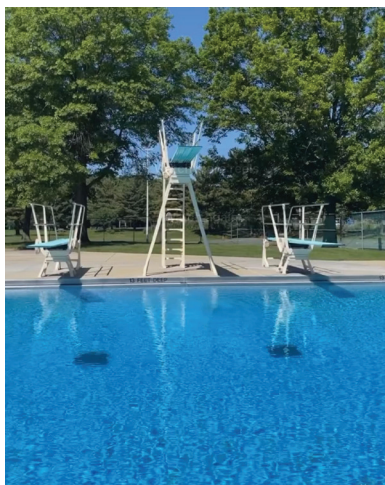
AQUATICS

DIVING

Must be able to swim to the ladder in the diving pool. Participant will learn basic springboard diving skills on the 1 meter board working toward moving skills to the 3 meter board.

Goal: Be able to dive off the 1 meter board by the end of the session.

Intermediate and advanced diving will tailor lessons to their skill set with goal to learn back dives, twist and flips from 3 meter board.



Ages 7-14

Monday-Friday
10:10-10:40am

Elm Avenue Park Pool

Sessions 1, 3, 4, 5, 6 Resident: \$76 Non-Resident: \$86
Session 2* Resident: \$61 Non-Resident: \$71

#323060-A	SESSION 1: June 26-30
#323060-B	*SESSION 2: July 3-7 (No class 7/4)
#323060-C	SESSION 3: July 10-14
#323060-D	SESSION 4: July 17-21
#323060-E	SESSION 5: July 24-28
#323060-F	SESSION 6: July 31-August 4

ADAPTIVE SWIM LESSONS

An experienced instructor will work with each participant to help them learn and build upon their swim skills. Meets rain or shine!

Ages 3+

Instructor: Piera McGaughan

Monday-Friday
11:00-11:30am

June 26-August 4

Resident: \$25 Non-Resident: \$30
Elm Avenue Park Pool

#363000-A

TODDLER SPLASH

Caregiver/child participation class filled with songs, toys and games! Toddler Splash is designed to help the child develop a comfort level in the water and readiness for learning to swim, while also emphasizing water safety. There will be a makeup day Friday or Monday of following week, if needed.

Ages 1-2

Instructor: Piera McGaughan

Tuesday-Thursday

11:45am-12:15pm

Resident: \$39 Non-Resident: \$44

Elm Avenue Park Pool

#313074-1A July 18-20

#313074-2A July 25-27

#313074-3A August 1-3

SENIOR LAP SWIM

Pre-registration is required to participate in the program. Limited capacity. Lap lanes available on a first come, first serve basis. Town of Bethlehem residents only, must have valid pool fob.



Ages 62+

Monday-Friday

11:00am-12:00pm

June 26-August 4 (No class 7/4)

Elm Avenue Park Pool

#343001-A

AQUA ZUMBA®

Aqua Zumba® blends the Zumba® philosophy with water resistance, for a pool party you don't want to miss! There is less impact on your joints during an Aqua Zumba® class so you can really let loose. Water creates natural resistance, which means every step is more challenging and helps tone your muscles.

Ages 14+

Instructor: Penny Hatch

Thursdays

Elm Avenue Park Pool

June 15-July 13, **6:00-7:00pm** (5 classes)

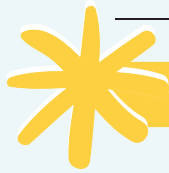
Resident: \$46 Non-Resident: \$51

#342092-A

August 3-24, **5:45-6:45pm** (4 classes)

Resident: \$37 Non-Resident: \$42

#342092-B



All events FREE unless noted. No alcoholic beverages at any event.



I LOVE MY PARK DAY
Saturday, May 6, 9:00-11:00am

Show Bethlehem parks some love! Volunteer on Saturday, May 6!

Where: Selkirk Park — NEW Playground!

Project: Install certified wood chips for new playground and clean up grounds.

VOLUNTEERS: Bring work gloves and wheel barrel, if possible. Refreshments provided by Friends of Parks & Recreation.

TENNIS PLAY DAY

Saturday, May 6
Elm Avenue Tennis Courts 5-8, 1:00-2:15pm

See [page 12](#) for more details and to register for this **FREE** event!

NATIONAL SENIOR HEALTH & FITNESS DAY

Wednesday, May 31, 12:00-3:30pm
Elm Avenue Park, Large Pavilion

Help us celebrate this national day by participating in various health and fitness opportunities at Elm Avenue Park Large pavilion.

Participation is FREE! Free BBQ lunch!

Pre-registration is required: Please call us at 518-439-4955 option 7.

See flyer on our [Special Events](#) webpage for details.



WALK & ROLL FEST

Saturday, May 20, 10:00am-1:00pm
Rear lot of 250 Delaware Avenue

Visit [here](#) for up to date information about the event.

4TH OF JULY FAMILY DAY
Tuesday, July 4, 12:00-8:00pm
Elm Avenue Pool Complex

Regular pool fees are in effect!

- 12:00-2:00pm [Balloon Gal Jenny](#)
- 12:30pm Saxophone Sam
- 1:30pm [Mr. Twisty's Super Silly Magic Show](#)
- 2:30-4:30pm Live music by [Thee Mr. E Band](#)
- 9:00pm Fireworks sponsored by Sevensocks Property Maintenance and Landscaping

LATE NIGHT MOVIE AT THE POOL

Tuesday, August 1, 8:15pm
Elm Avenue Pool Complex
(Rain date: 8/7)

Join us for a late night movie under the stars! The movie will start at approximately 8:15pm. Free admission after 6:00pm. Help us pick a movie! Simply vote for your favorite at the pool.



NATIONAL NIGHT OUT
Tuesday, August 1, 5:00-8:00pm
Elm Avenue Park

Bethlehem Police Department presents:



Join us as the Town of Bethlehem takes back the night with one of the largest crime prevention gatherings in the United States. Visit [Bethlehem Police webpage](#) for up-to-date information regarding the event.

THURSDAYS IN THE PARK

The Parks and Recreation Department, Bethlehem Public Library, Friends of Bethlehem Public Library and Friends of Bethlehem Parks and Recreation are teaming up to bring back our popular “Thursdays in the Park” event series! **All shows begin at 6:00pm** on the special events lawn (adjacent to the pool entrance) at Elm Avenue Park, unless alternate park location is noted. Please be advised **ALCOHOLIC BEVERAGES ARE PROHIBITED**. In case of rain, every effort will be made to reschedule the events. Please check our Facebook and Instagram pages for event cancellation notices.



JUNE 15 | Robert Rogers Puppet Company *

To kick-off our event series, join us for the Robert Rogers Puppet Company which will showcase incredible feats by clowns, animals and more! This is one circus you don't want to miss — “Circus on a String”!

JUNE 22 | Jester Jim *

Join us for an amazing performance from one of our favorites — Jester Jim! It's always a fun and entertaining time with Jester Jim, so don't miss out!





JUNE 29 | The GB-Five Band ✨

THIS SHOW IS AT SOUTH BETHLEHEM PARK!
 Classic soul, blues and rock. Featuring music from Stevie Wonder, Bill Withers, Van Morrison and the Zombies. A tight five-piece combo, featuring Will Vail on vocals.

JULY 6 | One Heart Band ✨

One Heart Band is a good vibes rock and reggae band that plays covers by The Beatles, The Grateful Dead, Bob Marley, the Stones and more! Family fun for all ages; dancing and hooping encouraged.

JULY 13 | Ron Cain the Magician ✨



Magician Ron Cain's "Magic of Kindness" show highlights the New York State summer reading program theme, "All Together Now — Kindness/Friendship/Unity!" Young people help him perform tricks inspired by characters in classic children's stories like "Harry Potter," "Peter Pan" and "The Wizard of Oz."

JULY 20 | Two of a Kind ✨

Two of a Kind presents "We're All In This Together", an interactive concert for children & families featuring songs about kindness, friendship and unity, as well as songs about reading & books. Our programs get everyone involved through singing, movement, sign language, lyrics-on-the-spot, puppets and more!

JULY 27 | David Engel ✨

David Engel presents "Pirate School: Swashbuckle Together! Arrrrr it's a riotous good time on the seven seas! Bring all your matey's to enjoy the fun!"

AUGUST 3 | Bethlehem Central School District High School Cabaret Night

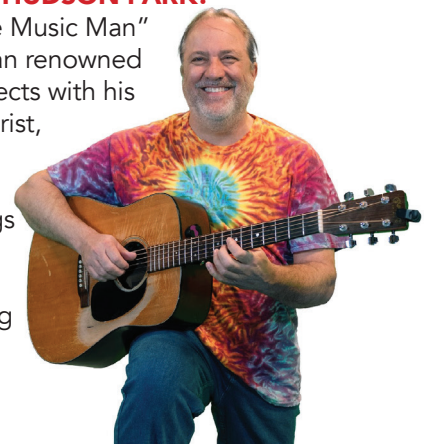
In partnership with Mr. Dashew from BCHS, we invite Bethlehem Central School District High School Students to take the stage and perform their musical talents at the first-ever BCSD High School Cabaret Night! Each performer (or group) will have a 5-6 minute performance time slot. See [page 13](#) to register!



AUGUST 10 | Andy the Music Man ✨

THIS SHOW IS AT HENRY HUDSON PARK!

Delmar resident, Andy "The Music Man" Morse is a children's musician renowned for the special way he connects with his audiences. A rhythmic guitarist, mandolin player and songwriter, Andy mingles traditional and original songs and novelty, delighting and involving kids through sing-a-longs, dancing, play-acting and storytelling.



AUGUST 17 | Red Dirt Highway ✨

Red Dirt Highway is a classic country, folk and bluegrass group that also plays outside the genres with some unexpected 60s and 70s tunes. The group has had a number of incarnations over the years and features the original songs of Laura Collins. Think Emmylou Harris and Patty Loveless combined with Joni Mitchell, Guy Clark and a touch of Steve Earl. Come on out and enjoy an evening of fun music with Red Dirt Highway!



DISCOVERY DAY CAMP

Enjoy all of Elm Avenue Park including swim at the Town Park pool. Age appropriate games, arts & crafts, special events and hiking in the woods is what makes this camp so much fun!

Discovery Day Camp is inspected twice and licensed by Albany County Department of Health.

Entering grades 1-7 in September

Monday-Friday
9:00am-4:30pm

Large Pavilion, Elm Avenue Park

Sessions 1, 3, 4, 5, 6 Resident: \$225 Non-Resident: \$250

Session 2* Resident: \$180 Non-Resident: \$205

#327019-A	SESSION 1: June 26-30
#327019-B	*SESSION 2: July 3-7 (No camp 7/4)
#327019-C	SESSION 3: July 10-14
#327019-D	SESSION 4: July 17-21
#327019-E	SESSION 5: July 24-28
#327019-F	SESSION 6: July 31-August 4

EARLY CARE

Extended hours for children in Discovery Day Camp at Elm Avenue Park.

Entering grades 1-7 in September

Monday-Friday, 7:45-9:00am

Large Pavilion, Elm Avenue Park

Sessions 1, 3, 4, 5, 6 Resident: \$35 Non-Resident: \$40

Session 2* Resident: \$28 Non-Resident: \$33

#327001-A	SESSION 1: June 26-30
#327001-B	*SESSION 2: July 3-7 (No program 7/4)
#327001-C	SESSION 3: July 10-14
#327001-D	SESSION 4: July 17-21
#327001-E	SESSION 5: July 24-28
#327001-F	SESSION 6: July 31-August 4

LATE CARE

Extended hours for children in Discovery Day Camp at Elm Avenue Park.

Entering grades 1-7 in September

Monday-Friday, 4:30-5:45pm

Large Pavilion, Elm Avenue Park

Sessions 1, 3, 4, 5, 6 Resident: \$35 Non-Resident: \$40

Session 2* Resident: \$28 Non-Resident: \$33

#327003-A	SESSION 1: June 26-30
#327003-B	*SESSION 2: July 3-7 (No program 7/4)
#327003-C	SESSION 3: July 10-14
#327003-D	SESSION 4: July 17-21
#327003-E	SESSION 5: July 24-28
#327003-F	SESSION 6: July 31-August 4



Camp registration opened in early March.
SPACES ARE LIMITED.
Don't delay, register today!

Check out these
other camps at
Elm Avenue Park!



Detailed program information and registration can be found through each group's website.

ALL STARS BASEBALL & SOFTBALL ACADEMY

Monday-Friday, 9:00am-3:00pm

June 26-30, July 10-14, July 24-28, August 21-25

Join All Stars Academy for a fun-filled week of baseball and softball camp at Line Drive fields.

<https://www.allstars-academy.com/program/summer-camps/>

AMAZING ATHLETES

Tuesdays, 5:30-7:00pm, April 12-May 17

Monday-Friday, 9:00am-12:00pm, July 31-August 4 & August 7-11

Children will learn the basic fundamentals of 10 sports: Baseball, Basketball, Football, Hockey, Golf, Lacrosse, Soccer, Volleyball, Tennis and Track & Field!

<https://www.amazingathletesny.info>

BOB BELLIZZI'S GRAND SLAM

Monday-Friday, 9:00am-3:00pm

July 31-August 4, August 14-18

Make your summer plans now to attend the Bob Bellizzi Grand Slam baseball camp, a summer tradition since 1993.

<https://www.bellizzibaseballcamp.com/>

MIGHTY KICKS

Tuesdays, 4:30-6:30pm

Spring Session: April 4-May 23

Summer Session: June 20-August 8

Fall: August 29-October 17

Mighty Kicks Capital Region is the premier introductory soccer program for children.

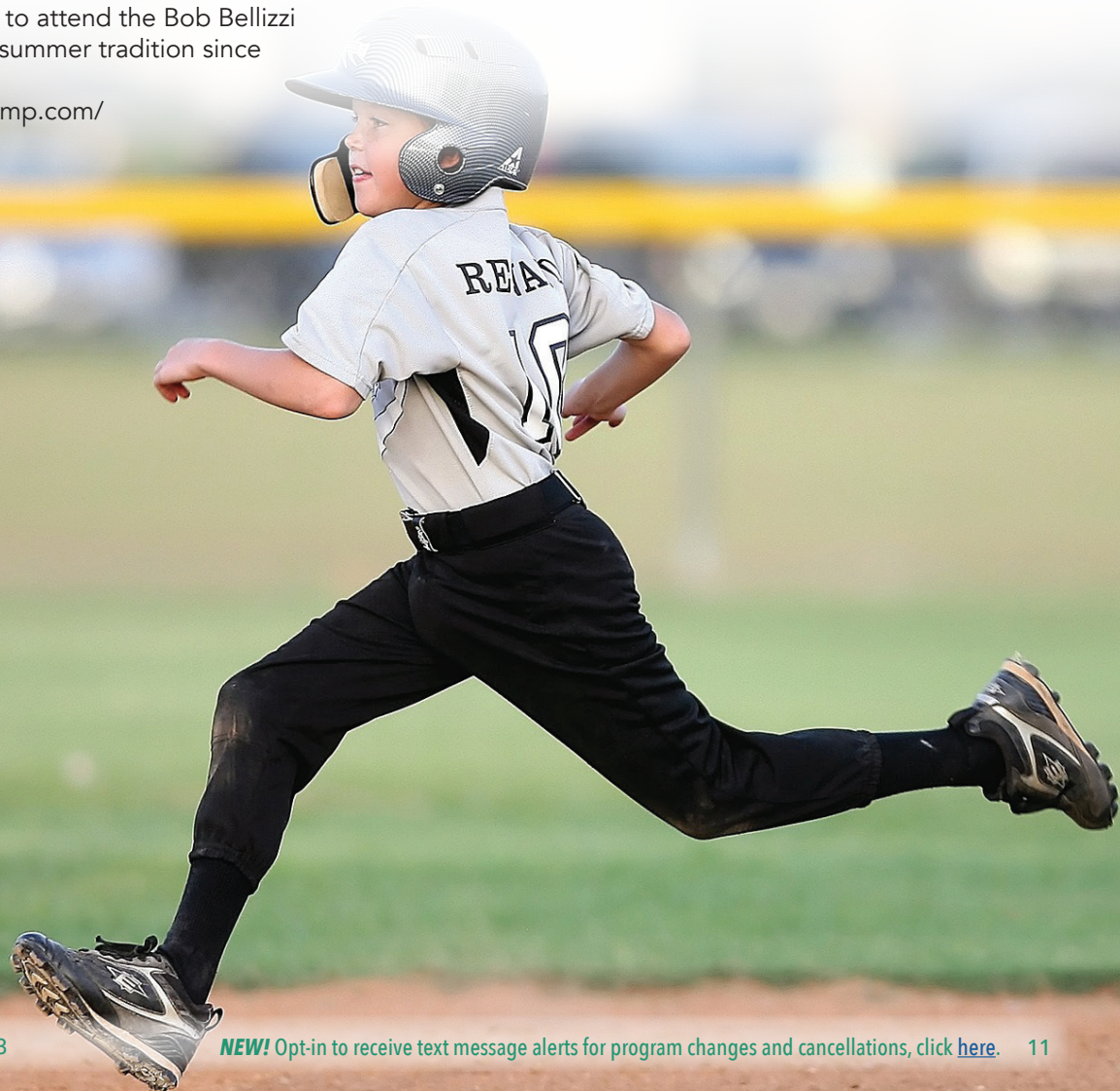
www.capitalmightykicks.com/locations

BEESTERA SOCCER TRAINING CAMP

Monday-Friday, 9:00am-3:00pm

July 31-August 4

<https://www.ussportscamps.com/soccer/nike/nike-soccer-camp-bethlehem>





NEW! Opt-in to receive text message alerts for program changes and cancellations. Click [here](#).

EAP SUMMERSTOCK!

Immerse yourself in a week of theatre at the EAP Summerstock Theatre program! Join fellow thespians for a week of theatre games, improv, puppetry, and more. Campers will work in small groups on scene work and character development through staged readings.

EAP Summerstock is suitable for those with a theatre background as well as campers new to — and curious about — exploring the world of theatre. Everyone will work on skills such as storytelling, collaboration, projection, and more through creative drama. Our Summerstock program will end with a casual evening performance for friends and family at 7:15pm on Friday, July 14 on the Town’s mobile stage! (Weather dependent).

Ages 9-14

Instructor: Courtney Russell
 Monday-Friday
 6:30-7:45pm
 July 10-14
 Resident: \$95 Non-Resident: \$105
 Large Pavilion, Elm Avenue Park (Please note: EAP Summerstock will meet at Small Pavilion B on 7/13.)
 #332101-A

YOU SNOOZE ... YOU LOSE!

Nothing ruins a program quicker than waiting until the last minute to register. If there are not enough registrants prior to the start of a program, it may be cancelled.



Register early!

DINO DAY FUN!

Join fellow dinosaur fans to celebrate National Dinosaur Day with a “ROARtastic” evening of family fun. We will go on a fossil hunt, engage in hands-on STEAM activities, and crack open our very own geodes! This program is geared for ages 3+ with caregivers assisting their young children through the guided projects. Each child will go home with their own geode crystal, and multiple dinosaur craft projects.

Ages 3+

Instructor: Courtney Russell
 Thursday
 6:30-8:30pm
 June 1
 Resident: \$25 Non-Resident: \$30
 Conference Room, Elm Avenue Park Office
 #334037-A

YOUTH TENNIS

This small group tennis lesson offers a fun, non-competitive introduction to tennis for children in similar age groups. The equipment and courts utilized are adapted to the child’s size and age, which helps eliminate frustration and build confidence right from the start. This will help your child develop skills faster and grow their love for the game. Bring a tennis racquet. Loaner racquets available if needed.

Instructor: Tom Bain
 Resident: \$20 Non-Resident: \$25
 Courts 1-4, Elm Avenue Park

Ages 5-7, 5:45-6:45pm

#326155-A	Wednesday, June 21
#326155-C	Wednesday, June 28
#326155-E	Wednesday, July 12
#326155-G	Wednesday, July 19
#326155-I	Wednesday, July 26
#326155-K	Wednesday, August 2

Ages 8-11, 7:00-8:00pm

#326155-B	Wednesday, June 21
#326155-D	Wednesday, June 28
#326155-F	Wednesday, July 12
#326155-H	Wednesday, July 19
#326155-J	Wednesday, July 26
#326155-L	Wednesday, August 2

TENNIS PLAY DAY

Tennis Play Days are designed to get more kids playing tennis with local peers in a fun, non-threatening and competitive environment. Whether a child is just learning to compete or is already competing in tennis, this Tennis Play Day gives kids additional opportunities to experience the thrill of competition without the threat of elimination. Tennis Play Day will emphasize skill development and having fun. Loaner racquets will be on site if needed. All other equipment is provided.



Pre-registration preferred.

Ages 5-11
 Saturday
 1:00-2:15pm
 May 6
 Courts 5-8, Elm Avenue Park
 #322006-A





NEW! Opt-in to receive text message alerts for program changes and cancellations. Click [here](#).

TEDDY BEAR PICNIC

Kids bring their favorite Teddy Bear or "stuffie," grown-up(s), and a picnic to enjoy at this fun day out in the park! We will play games, sing songs, and go on a bear hunt with our Teddy Bears!

Parents/caregivers, please bring a picnic blanket and picnic lunch.

Ages 2+

Instructor: Courtney Russell

Sunday

11:00am-12:30pm

July 9

Resident: \$20/family Non-Resident: \$25/family

Pavilion-Small B, Elm Avenue Park

#327002-A

DRUMMING IN THE PARK

Learn the basics of African drumming with Ghanaian Master Drummer Zorkie Nelson in this fun and interactive workshop. No experience necessary. Drums will be provided. Class meets on special events lawn, right outside of the Warming Area. In case of inclement weather, class will meet inside the Warming Area. **Parent/guardian must accompany children age 12 and younger.**

1 paid registration = 1 drum

All ages!

Resident: \$10 Non-Resident: \$15

Special Events Lawn, Elm Avenue Park

#327006-A Tuesday, July 18, 6:15-7:45pm

#327006-B Tuesday, August 15, 6:15-7:45pm

SCREAMS – TEEN LUAU

Last SCREAMS event of the 2022-2023 school year! Enjoy a late night swim and music at the Elm Avenue Pool Complex! **Must be a SCREAMS Club member.**



Grades 6-8

Instructor: Emily Field

Friday, 8:00-10:00pm (Pool closes at 9:45pm)

June 9

Fee: \$15

Elm Avenue Park Pool Complex

#625035-9

THURSDAY IN THE PARK!

BCSD HIGH SCHOOL CABARET NIGHT

In partnership with Mr. Dashew from BCHS, we invite Bethlehem Central School District High School Students to take the stage and perform their musical talents at the first-ever BCSD High School Cabaret Night! Each performer (or group) will have a 5-6 minute performance time slot. You must provide your own musical equipment. If you are interested in performing, **YOU MUST REGISTER** with the Parks and Recreation Office. Please note, if you are part of a group act, only ONE group member should register.

Deadline to register is July 20th. Spaces are limited!

Once you are registered, you will receive a follow-up email before the event date to discuss the specifics of your performance.

Ages 15-18

Thursday

6:00-7:30pm

August 3

Special Events Lawn, Elm Avenue Park

#351226-A

DID YOU KNOW?

GEOCACHING is at Town of Bethlehem Parks including:

- Elm Avenue Park
- Henry Hudson Park
- Selkirk Park
- South Bethlehem Park
- Maple Ridge Park
- Colonial Acres Park
- North Bethlehem Park
- Moh-He-Con-Nuck Preserve



GEOCACHING

Visit www.geocaching.com/play to participate!



NEW! Opt-in to receive text message alerts for program changes and cancellations. Click [here](#).

HEALTHY BONES FOR LIFE

Progressive weight training and instruction program designed to increase bone health in adults with osteoporosis. Ankle weights are optional. Sponsored by Retired Senior Volunteer Program. Participants will register for the class and if needed, borrow hand weights to use. Participants need to call the Park Office (518-439-4955 Option 7) in order to register.

First time participants must have physician's approval form. This form will be emailed to participants upon registration and must be returned to Park Office.

Ages 45+

9:00-10:30am

Conference Room, Elm Avenue Park Office

Mondays, June 12-August 28 (No class 6/19) (11 classes)

Resident: \$11 Non-Resident: \$16

#352038-A

Thursdays, June 1-August 31 (14 classes)

Resident: \$14 Non-Resident: \$19

#352038-B

YOGA (5 classes)

Yoga combines movement, breathing and meditation to create a challenging and dynamic workout. Yoga theory & breath work are also included. All levels welcome. Bring a yoga mat. Yoga blocks and straps also encouraged.

Ages 14+

Instructor: Jenn Clunie

Thursdays

6:15-7:30pm

June 29-July 27

Resident: \$48 Non-Resident: \$53

Large Pavilion, Elm Avenue Park

#342082-A



SUNRISE YOGA (5 classes)

Greet the day with morning Yoga at Elm Avenue Park! Yoga combines movement, breathing and meditation to create a challenging and dynamic workout. Yoga theory & breath work are also included. All levels welcome. Bring a yoga mat. Yoga blocks and straps also encouraged.

Ages 18+

Instructor: Jenn Clunie

Thursdays

7:00-8:00am

August 10-September 7

Resident: \$48 Non-Resident: \$53

Large Pavilion, Elm Avenue Park

#342002-A

ZUMBA® (5 classes/session)

Zumba® is a Latin rhythm inspired dance fitness class. It combines merengue, salsa, reggae, hip hop and other international beats to create an easy to follow, dynamic and exciting fitness activity. Each class has a party-like atmosphere welcoming dancers and non-dancers alike.

Ages 18+

Instructor: Penny Hatch

Fridays

5:15-6:15pm

Resident: \$46 Non-Resident: \$51

Town Hall Auditorium

#342090-A June 16-July 14

#342090-B August 4-September 1

T'AI CHI (5 classes)

Learn the Chinese art of meditation in motion. Slow movements improve balance, flexibility, and concentration.

Ages 18+

Instructor: Rosemarie Tobin

Thursdays, 6:00-7:00pm

May 25-June 22

Resident: \$30 Non-Resident: \$35

Town Hall Auditorium

#342058-A

BEGINNER PICKLEBALL

Come play and learn about the popular sport of Pickleball! This class is geared for participants with 1 year or less Pickleball experience who want to learn about the sport or hone their beginner skills. Loaner equipment available if needed.

**Please note, this is not a program for experienced Pickleball players to have a designated court time.*

Ages 18+

Instructor: Rick Bird

Mondays

6:00-8:00pm

Courts 1-4, Elm Avenue Park

#341077-A

June 5-July 17 (No class 6/19, 7/10) (5 classes)

Resident: \$16 Non-Resident: \$21

#341077-A

July 24-August 28 (6 classes)

Resident: \$19 Non-Resident: \$24

#341077-B



NEW! Opt-in to receive text message alerts for program changes and cancellations. Click [here](#).

45+ SOFTBALL (14 classes)

Recreational softball games. No standings. Bring your own mitt.

Ages 45+

Instructor: James Angermeier

Tuesdays

6:00-8:00pm

May 23-August 29

Resident: \$46 Non-Resident: \$51

Softball Field 7, Elm Avenue Park

#341050-A

DRUMMING IN THE PARK

Learn the basics of African drumming with Ghanaian Master Drummer Zorkie Nelson in this fun and interactive workshop. No experience necessary. Drums will be provided. Class meets on special events lawn, right outside of the Warming Area. In case of inclement weather, class will meet inside the Warming Area. **Parent/guardian must accompany children age 12 and younger. 1 paid registration = 1 drum**



All ages!

Resident: \$10 Non-Resident: \$15

Special Events Lawn, Elm Avenue Park

#327006-A Tuesday, July 18, 6:15-7:45pm

#327006-B Tuesday, August 15, 6:15-7:45pm

SENIORS IN MOTION

Do you like to dance? Join us for our Seniors In Motion class! Dance to popular tunes, country western, big band and more. There are set steps to each tune like the Charleston, Mambo, Cha Cha and Grapevine. Easy instruction, great music and lots of fun.

Pre-registration required. First-time participants must have physicians approval form. This form will be emailed to participants upon registration.

Ages 50+

Instructor: Theresa Mattson

9:00-10:00am

Town Hall Auditorium

Tuesdays, June 6-August 22 (No class 6/27, 7/4) (10 classes)

Resident: \$55 Non-Resident: \$65

#352046-A

Fridays, June 2-August 25 (No class 6/30) (12 classes)

Resident: \$66 Non-Resident: \$76

#352046-B

ESSENTRICS

ESSENTRICS Aging Backwards is a full body, age-reversing workout that will restore movement in your joints, flexibility in your muscles, relieve pain, and stimulate your cells to increase energy, vibrancy and your immune system.

Ages 40+

Instructor: Julie Tsai

Mondays

9:30-10:30am

Resident: \$6 Non-Resident: \$11

Town Hall Auditorium

#352045-A May 1

#352045-B May 15

#352045-C June 5

#352045-D June 26

#352045-E July 10

#352045-F July 24

#352045-G August 7

#352045-H August 21

SENIORS & TEENS TALK TECHNOLOGY

This program pairs senior citizens and teens to provide one-on-one assistance with mobile devices. Bring your mobile device, charger, and passwords to the program.



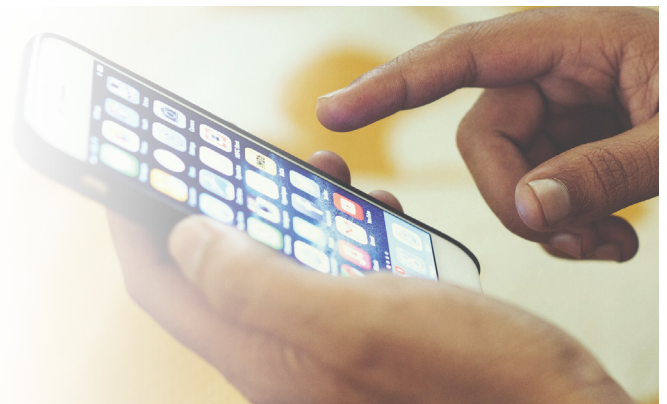
Ages 50+

Mondays

Town Hall Room 101

#352044-A May 8, 3:30-4:30pm

#352044-B May 22, 3:30-4:30pm



This Playbook is made possible with the help of local service provider [Lehman Creative](#).